

Author

Trevor Carolan

The Colours of Heaven
“... an enormously impressive
and important book.”
South China Morning Post

Giving Up Poetry
“...brings the grandfather of Beat
poetry and poetics vividly back to
life.”
Vancouver Sun

Eight books currently in print.



Trevor Carolan is widely-read as a contributor to *Shambhala Sun*, *Turning Wheel*, *The Bloomsbury Review*, *Choice*, *Manoa*, *Kyoto Journal* and other East-West journals.

Author of 11 books, his pathbreaking anthology *The Colours of Heaven: Stories from the Pacific Rim* has been a widely adopted course text in Asia-Pacific studies. The *South China Morning Post* wrote: “An enormously impressive and important book.”

His *Giving Up Poetry with Allen Ginsberg* was described by a critic as making Ginsberg “live again – flawed and frail yet enlightened, utterly human.”

For 23 years, Carolan practiced and taught Tai Chi Chuan, Taoist meditation, and traditional Taoist healing under the guidance of the late-Master Ng Ching-Por. In his book *Return to Stillness: Twenty Years with a Tai Chi Master* he shares the wisdom and the stories of that time.

His work has appeared in five languages.



“A worthwhile read for anyone with a sincere interest in the traditions and history of Tai Chi.”
Publishers Weekly

Eastern Wisdom / Philosophy
Marlowe & Co (USA)
Spring 2003